







### Features of the 3M<sup>™</sup> 3000 Series Respirator Range



#### User-friendly:

- · low profile design allows a wide field of vision
- lightweight for use over long-periods
- · soft, elastomeric face seal provides lasting comfort
- · easy to don/doff strap system

#### Versatile:

 snap-on filter options suitable for a wide range of applications (see pages 6/7 for details)

#### Great value:

- durable and designed to last without weighing you down
- 3M quality at an affordable price



For respiratory training and advice, please contact your local 3M representative, or visit www.3M.co.uk/ohes

#### 3M™ 3000 Series Respirator: The importance of fit

Respirators are only effective when there is a good seal between the edges of the respirator and your face. The instant this seal is broken, protection is compromised as contaminated air can leak in though any gaps.

In order to protect you effectively, your respirator needs to seal well to your face. Here are some hints and tips to help you:

**DO** read the product user instructions carefully and follow our fitting guide.

**DON'T** use this product with beards and other facial hair that may prevent a good seal.

**DO** tie long hair back to minimise interference with the respirator.

**D0** make sure the respirator is comfortably positioned on your face to give a close fit.

Fit testing can help to make sure that a good fit can be achieved with the selected product and should be carried out in accordance with national regulations.

For more information on fit testing procedures, contact your safety officer or visit our website: www.3M.co.uk/fittestrespirator





## Follow this 6-step fitting guide:



1 Place the respirator over the nose and mouth, fitting it comfortably on the bridge of the nose.



Pull the head harness over the crown of the head.



Take a bottom strap in each hand, place the straps at the back of the neck and hook the straps together.



Tighten straps by pulling on ends to achieve a comfortable and secure fit.



- 5 Perform a fit check by placing palm of hand over the circular opening of the cartridge, inhale gently. If the facepiece collapses slightly, a proper fit has been achieved.
- If an air leak is detected, reposition the respirator on the face and/or re-adjust the tension of the elastic strap to eliminate the leakage.

Repeat the above fit check.

#### **Alternative Filter Options**



#### Option 1

When gas and vapour protection is needed:

Snap on the 3M<sup>™</sup> 3351 cartridge (see below).







3M<sup>™</sup> 3200 Facepiece

3M<sup>™</sup> 3351 Gas and Vapour Cartridge

BM <sup>™</sup> 3000 Series gas and vapour cartridges					
Filter		Protection against			
3351 gas and vapour cartridge	EN 14387:2004	A1: Organic Vapour	9		



## Option 2

## When particulate protection is needed in addition to gas and vapour:

Choose a mask and either a combined gas and vapour/particulate cartridge or a separate gas and vapour cartridge with an additional snap-on particulate filter.











3M<sup>™</sup> 3200 Facepiece

3M<sup>™</sup> 3351 Gas and Vapour Cartridge

7725 prefitter and 744 retainer







3M<sup>™</sup> 3200 Facepiece

3M<sup>™</sup> 3391 Gas and Vapour Cartridge with pre-attached filter

	O Series gas and vapour and particulate filters			
Filter	Standard	Protection against		
3351 gas and vapour cartridge	EN 14387:2004	A1: Organic Vapour	9	
7725 prefilter	EN 14387:2004	Particles P2 R (Reusable)		
744 retainer				
3391 with pre-attached filter	EN 14387:2004	A1 Organic Vapour & Particles P2 R (Reusable)		



## 3M<sup>™</sup> 3212 Ready To Use Kit

3M<sup>™</sup> 3391 Gas and vapour cartridge with pre-attached filter

**3M**<sup>™</sup> **3200** Facepiece







# Available in a handy ready to use kit:





М™	3212	Organic v	annur res	pirator Kit
7141	JZ 1Z	Urgariic v	apuui its	piratui Kit

Products Standard Protection against

3200 facepiece EN 140:1998

3391 with pre-attached filter EN 14387:2004 A1 Organic Vapour & Particles P2 R (Reusable)



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